

**Nordisk Ung-Jun 2012**[Results Ranking Team Competition](#)

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**Results**

<b>Women</b>	Lot	Weight	Team	SQ		BP		DL		Total	Points	Prognosis					
<b>57 Ungdom</b>																	
1. Cathrine Færevåg Neresen	15	56.74	Norge	<u>105.0</u>	<u>112.5</u>	<del>115.0</del>	<u>70.0</u>	<u>75.0</u>	<u>80.0</u>	<u>100.0</u>	<u>110.0</u>	<u>117.5</u>	<b>310</b>	361.03	310	361.03	1.
<b>63 Ungdom</b>																	
1. Frida Leandersson	7	62.94	Sverige	<u>137.5</u>	<u>145.0</u>	<u>150.0</u>	<u>70.0</u>	<del>75.0</del>	<u>75.0</u>	<u>137.5</u>	<u>145.0</u>	<u>150.0</u>	<b>375</b>	403.01	375	403.01	1.
2. Lillann Haaland	5	61.83	Norge	<u>115.0</u>	<u>125.0</u>	<u>130.0</u>	<del>75.0</del>	<u>75.0</u>	<del>80.0</del>	<u>115.0</u>	<u>125.0</u>	<del>135.0</del>	<b>330</b>	359.50	330	359.50	2.
<b>84 Ungdom</b>																	
1. Mirella Laukkanen	6	81.60	Finland	<u>120.0</u>	<u>130.0</u>	<u>135.0</u>	<u>62.5</u>	<u>67.5</u>	<del>70.0</del>	<u>110.0</u>	<u>122.5</u>	<del>130.0</del>	<b>325</b>	294.19	325	294.19	1.
<b>63 Junior</b>																	
1. Maria Aas Løseth	11	62.14	Norge	<u>130.0</u>	<u>137.5</u>	<del>142.5</del>	<u>77.5</u>	<u>82.5</u>	<u>87.5</u>	<u>125.0</u>	<del>132.5</del>	<u>132.5</u>	<b>357.5</b>	387.96	357.5	387.96	1.
<b>72 Junior</b>																	
1. Elina Rönnqvist	8	71.34	Sverige	<u>175.0</u>	<u>182.5</u>	<u>190.0</u>	<u>100.0</u>	<del>105.0</del>	<u>105.0</u>	<u>155.0</u>	<u>162.5</u>	<u>170.0</u>	<b>465</b>	456.68	465	456.68	1.
2. Sara Nyholm	12	69.40	Danmark	<u>125.0</u>	<del>135.0</del>	<u>135.0</u>	<u>70.0</u>	<u>77.5</u>	<del>82.5</del>	<u>120.0</u>	<u>130.0</u>	<u>135.0</u>	<b>347.5</b>	347.78	347.5	347.78	2.
3. Salla Rantapelkonen	9	67.57	Finland	<u>67.5</u>	<u>77.5</u>	<del>82.5</del>	<u>45.0</u>	<u>50.0</u>	<del>55.0</del>	<u>90.0</u>	<u>100.0</u>	<u>105.0</u>	<b>232.5</b>	237.13	232.5	237.13	4.
- Gudrun Groa Thorsteinsdottir	10	71.18	Island	<u>150.0</u>	<del>167.5</del>	<del>167.5</del>	<del>110.0</del>	<del>110.0</del>	<del>110.0</del>	<u>155.0</u>	<u>162.5</u>	<del>170.0</del>	<b>312.5</b>	307.38	312.5	307.38	3.
<b>84 Junior</b>																	
1. Helene Granberg	16	83.19	Sverige	<del>190.0</del>	<u>190.0</u>	<del>200.0</del>	<u>95.0</u>	<del>100.0</del>	<u>100.0</u>	<u>160.0</u>	<del>167.5</del>	<del>167.5</del>	<b>450</b>	403.25	450	403.25	1.
<b>Men</b>																	
<b>66 Ungdom</b>																	
1. Tatu Sokka	24	65.64	Finland	<u>160.0</u>	<u>170.0</u>	<del>180.0</del>	<u>115.0</u>	<u>127.5</u>	<del>130.0</del>	<u>150.0</u>			<b>447.5</b>	352.94	447.5	352.94	1.
- Janne Haapaniemi	28	65.06	Finland	<del>145.0</del>	<del>150.0</del>	<del>155.0</del>	<del>75.0</del>			<del>170.0</del>			<b>0</b>	0.00	0	0.00	2.
<b>74 Ungdom</b>																	
1. Teemu Hällfors	21	71.53	Finland	<del>185.0</del>	<u>190.0</u>	<del>202.5</del>	<u>142.5</u>	<del>155.0</del>	<del>167.5</del>	<u>180.0</u>	<u>190.0</u>	<del>205.0</del>	<b>522.5</b>	385.24	522.5	385.24	1.
2. Mickel Dahl	23	73.92	Danmark	<u>150.0</u>	<u>162.5</u>	<u>170.0</u>	<u>105.0</u>	<u>112.5</u>	<u>115.0</u>	<u>170.0</u>	<u>182.5</u>	<del>190.0</del>	<b>467.5</b>	336.55	467.5	336.55	2.
3. Ville Niskanen	25	73.77	Finland	<u>165.0</u>	<del>172.5</del>	<del>175.0</del>	<u>70.0</u>	<u>77.5</u>	<del>80.0</del>	<u>160.0</u>	<u>180.0</u>	<del>192.5</del>	<b>422.5</b>	304.58	422.5	304.58	3.
- Simon Bråthe Johansen	26	69.69	Norge	<del>202.5</del>	<del>202.5</del>	<del>202.5</del>	<u>107.5</u>	<u>112.5</u>	<u>117.5</u>	<u>210.0</u>	<u>222.5</u>	<del>225.0</del>	<b>340</b>	255.65	340	255.65	4.
<b>83 Ungdom</b>																	
1. Lasse B. Ahrendsen	32	81.32	Danmark	<u>237.5</u>	<u>247.5</u>	<u>255.0</u>	<u>145.0</u>	<u>152.5</u>	<u>155.0</u>	<u>240.0</u>	<u>252.5</u>	<u>260.0</u>	<b>670</b>	452.79	670	452.79	1.
2. Patryk Bolek	39	81.57	Danmark	<del>230.0</del>	<u>230.0</u>	<del>240.0</del>	<u>140.0</u>	<u>147.5</u>	<u>150.0</u>	<u>225.0</u>	<del>232.5</del>	<del>232.5</del>	<b>605</b>	408.07	605	408.07	2.
3. Sami Lehtonen	37	81.33	Finland	<u>200.0</u>	<del>215.0</del>	<del>220.0</del>	<u>130.0</u>	<del>142.5</del>	<del>142.5</del>	<u>200.0</u>	<u>220.0</u>	<del>235.0</del>	<b>550</b>	371.64	550	371.64	3.

4. Pirkka Vilen 93 Ungdom	36	82.21	Finland	<del>485.0</del> <u>185.0</u> <del>200.0</del> <del>90.0</del> <u>90.0</u> <u>95.0</u> <u>185.0</u> <del>495.0</del> <del>495.0</del> <b>465</b>	312.15	465	312.15	4.			
1. Henri Hakonen	27	92.15	Finland	<del>200.0</del> <u>215.0</u> <u>230.0</u> <u>140.0</u> <u>150.0</u> <del>455.0</del> <u>200.0</u> <u>215.0</u> <u>220.0</u> <b>600</b>	378.60	600	378.60	1.			
2. Matias Hyttinen	22	90.61	Finland	<u>200.0</u> <del>245.0</del> <u>215.0</u> <u>155.0</u> <del>465.0</del> <u>165.0</u> <u>200.0</u> <u>210.0</u> <u>217.5</u> <b>597.5</b>	380.13	597.5	380.13	2.			
3. Nicolai Nielsen 105 Ungdom	20	89.82	Danmark	<del>490.0</del> <u>190.0</u> <u>217.5</u> <u>125.0</u> <del>430.0</del> <u>130.0</u> <u>190.0</u> <u>210.0</u> <u>222.5</u> <b>570</b>	364.23	570	364.23	3.			
1. Sauli Kallunki 120 Ungdom	38	94.00	Finland	<u>182.5</u> <u>200.0</u> <del>240.0</del> <u>130.0</u> <del>435.0</del> <u>135.0</u> <u>175.0</u> <u>190.0</u> <u>200.0</u> <b>535</b>	334.38	535	334.38	1.			
1. Nicolai K. Titlestad	35	118.76	Norge	<u>285.0</u> <u>295.0</u> <del>300.0</del> <del>480.0</del> <u>180.0</u> <u>190.0</u> <u>225.0</u> <del>230.0</del> <u>230.0</u> <b>715</b>	412.05	715	412.05	1.			
2. Petrus Nurminen 74 Junior	33	114.75	Finland	<u>195.0</u> <u>207.5</u> <del>240.0</del> <u>115.0</u> <u>122.5</u> <u>130.0</u> <u>190.0</u> <del>202.5</del> <u>202.5</u> <b>540</b>	313.96	540	313.96	2.			
1. Eero Maki 83 Junior	52	72.42	Finland	<u>180.0</u> <u>205.0</u> <del>245.0</del> <u>125.0</u> <u>140.0</u> <del>452.5</del> <u>200.0</u> <u>230.0</u> <del>245.0</del> <b>575</b>	420.10	575	420.10	1.			
1. Henrik Fransson	44	82.60	Sverige	<u>227.5</u> <u>237.5</u> <u>245.0</u> <u>190.0</u> <u>200.0</u> <u>205.0</u> <u>257.5</u> <u>270.0</u> <u>280.0</u> <b>730</b>	488.66	730	488.66	1.			
2. Niklas Nordling	43	80.39	Sverige	<u>250.0</u> <del>260.0</del> <u>260.0</u> <u>135.0</u> <u>140.0</u> <u>147.5</u> <u>225.0</u> <u>250.0</u> <del>255.0</del> <b>657.5</b>	447.49	657.5	447.49	2.			
3. Jonas Stavik Aas	51	80.60	Norge	<u>240.0</u> <u>250.0</u> <del>255.0</del> <u>145.0</u> <u>152.5</u> <u>157.5</u> <u>230.0</u> <u>240.0</u> <del>250.0</del> <b>647.5</b>	439.98	647.5	439.98	3.			
4. Timmy Waxfældt 93 Junior	49	81.09	Danmark	<u>200.0</u> <u>210.0</u> <u>225.0</u> <u>175.0</u> <u>182.5</u> <u>185.0</u> <u>230.0</u> <u>237.5</u> <del>255.0</del> <b>647.5</b>	438.36	647.5	438.36	4.			
1. Erik Gunhamn	46	92.63	Sverige	<u>280.0</u> <del>300.0</del> <u>300.0</u> <u>165.0</u> <u>172.5</u> <u>177.5</u> <u>330.0</u> <u>350.0</u> <del>362.5</del> <b>827.5</b>	520.83	827.5	520.83	1.			
2. Julian Lysvand	54	91.09	Norge	<u>250.0</u> <u>260.0</u> <u>265.0</u> <u>197.5</u> <del>205.0</del> <del>205.0</del> <u>280.0</u> <u>290.0</u> <u>295.0</u> <b>757.5</b>	480.63	757.5	480.63	2.			
3. Erik Fredriksen	45	90.42	Norge	<u>265.0</u> <u>272.5</u> <u>280.0</u> <u>205.0</u> <del>240.0</del> <u>210.0</u> <u>232.5</u> <u>245.0</u> <u>250.0</u> <b>740</b>	471.31	740	471.31	3.			
4. Andre Midtby	48	87.31	Norge	<u>255.0</u> <u>265.0</u> <u>275.0</u> <u>180.0</u> <u>187.5</u> <del>495.0</del> <u>245.0</u> <u>257.5</u> <del>277.5</del> <b>720</b>	466.99	720	466.99	4.			
5. Rene S. Vestergaard	47	92.52	Danmark	<u>230.0</u> <u>242.5</u> <u>250.0</u> <del>460.0</del> <u>160.0</u> <del>472.5</del> <u>240.0</u> <u>255.0</u> <del>265.0</del> <b>665</b>	418.75	665	418.75	5.			
6. Olafur Hrafn Olafsson 105 Junior	50	90.07	Island	<u>235.0</u> <u>250.0</u> <del>257.5</del> <del>445.0</del> <u>145.0</u> <del>465.0</del> <u>245.0</u> <del>252.5</del> <u>252.5</u> <b>647.5</b>	413.17	647.5	413.17	6.			
1. Endre Wollan	58	102.37	Norge	<del>340.0</del> <del>340.0</del> <u>310.0</u> <u>232.5</u> <del>240.0</del> <u>240.0</u> <u>270.0</u> <u>285.0</u> <del>292.5</del> <b>835</b>	503.59	835	503.59	1.			
2. Casper Futtrup	67	104.28	Danmark	<u>300.0</u> <del>340.0</del> <u>310.0</u> <u>225.0</u> <u>232.5</u> <del>237.5</del> <u>280.0</u> <u>292.5</u> <del>295.0</del> <b>835</b>	500.17	835	500.17	2.			
3. Leppanen Teemu	70	101.27	Finland	<del>295.0</del> <u>295.0</u> <u>305.0</u> <u>170.0</u> <u>177.5</u> <del>485.0</del> <u>300.0</u> <u>315.0</u> <u>322.5</u> <b>805</b>	487.51	805	487.51	3.			
4. Mathias Lindh	65	99.24	Sverige	<u>305.0</u> <u>315.0</u> <u>322.5</u> <u>180.0</u> <u>190.0</u> <u>200.0</u> <u>260.0</u> <u>275.0</u> <u>280.0</u> <b>802.5</b>	489.93	802.5	489.93	4.			
5. Sindre G. Østerås	71	104.12	Norge	<del>275.0</del> <u>275.0</u> <u>290.0</u> <u>192.5</u> <del>200.0</del> <del>200.0</del> <u>280.0</u> <u>290.0</u> <del>300.0</del> <b>772.5</b>	462.96	772.5	462.96	5.			
- Viktor Renberg 120 Junior	62	103.60	Sverige	<del>342.5</del> <del>342.5</del> <del>342.5</del> <del>485.0</del>		<del>302.5</del>	<b>0</b>	0.00	0	0.00	6.
1. Per Marius Hole	69	118.16	Norge	<u>290.0</u> <del>305.0</del> <del>342.5</del> <u>245.0</u> <del>255.0</del> <del>255.0</del> <u>270.0</u> <u>290.0</u> <del>342.5</del> <b>825</b>	476.03	825	476.03	1.			
2. Morten Jensen	61	117.73	Danmark	<del>285.0</del> <u>285.0</u> <del>300.0</del> <u>190.0</u> <u>195.0</u> <del>200.0</del> <u>230.0</u> <u>242.5</u> <u>250.0</u> <b>730</b>	421.65	730	421.65	2.			
3. Bill Winter	63	118.46	Finland	<u>235.0</u> <u>245.0</u> <u>252.5</u> <u>180.0</u> <u>182.5</u> <u>185.0</u> <u>260.0</u> <u>275.0</u> <u>280.0</u> <b>717.5</b>	413.78	717.5	413.78	3.			
4. Tobias Kokholm	59	107.36	Danmark	<u>240.0</u> <u>255.0</u> <u>270.0</u> <u>170.0</u> <u>177.5</u> <u>180.0</u> <u>247.5</u> <u>257.5</u> <del>267.5</del> <b>707.5</b>	419.62	707.5	419.62	4.			



- Damir Trokic	60	117.34	Sverige	<del>325.0</del>	<del>325.0</del>	<del>330.0</del>	<u>240.0</u>	<u>255.0</u>	<u>255.0</u>	<u>310.0</u>	<u>322.5</u>	<u>327.5</u>	<b>562.5</b>	325.13	562.5	325.13	5.
120+ Junior																	
1. Andre Sjøholm	64	144.95	Finland	<u>270.0</u>	<u>280.0</u>	<u>290.0</u>	<u>217.5</u>	<u>222.5</u>	<u>227.5</u>	<u>250.0</u>	<u>282.5</u>	<u>282.5</u>	<b>762.5</b>	423.95	762.5	423.95	1.

## Ranking

## Women

## Ungdom

## Total

1.	Frida Leandersson	Sverige	375.0 kg	403.01
2.	Cathrine Færevåg Neresen	Norge	310.0 kg	361.03
3.	Lillann Haaland	Norge	330.0 kg	359.50
4.	Mirella Laukkanen	Finland	325.0 kg	294.19

### Squat

1.	Frida Leandersson	Sverige	150.0 kg	161.21
2.	Lillann Haaland	Norge	130.0 kg	141.62
3.	Cathrine Færevåg Neresen	Norge	112.5 kg	131.02
4.	Mirella Laukkanen	Finland	135.0 kg	122.20

### Benchpress

1.	Cathrine Færevåg Neresen	Norge	80.0 kg	93.17
2.	Lillann Haaland	Norge	75.0 kg	81.71
3.	Frida Leandersson	Sverige	75.0 kg	80.60
4.	Mirella Laukkanen	Finland	67.5 kg	61.10

### Deadlift

1.	Frida Leandersson	Sverige	150.0 kg	161.21
2.	Cathrine Færevåg Neresen	Norge	117.5 kg	136.84
3.	Lillann Haaland	Norge	125.0 kg	136.18

13.	Andre Midtby	Norge	257.5 kg	167.02
14.	Jonas Stavik Aas	Norge	240.0 kg	163.08
15.	Bill Winter	Finland	280.0 kg	161.48
16.	Olafur Hrafn Olafsson	Island	252.5 kg	161.12
17.	Timmy Waxfældt	Danmark	237.5 kg	160.79
18.	Rene S. Vestergaard	Danmark	255.0 kg	160.57
19.	Erik Fredriksen	Norge	250.0 kg	159.23
20.	Tobias Kokholm	Danmark	257.5 kg	152.72
21.	Morten Jensen	Danmark	250.0 kg	144.40
22.	Andre Sjøholm	Finland	250.0 kg	139.00

## Team Competition

### Women

Team	Points
1. Sverige	36 12 + 12 + 12
2. Norge	33 12 + 12 + 9
3. Finland	20 12 + 8
4. Danmark	9 9

### Men

Team	Points
1. Finland	129 12 + 12 + 12 + 12 + 12 + 12 + 9 + 9 + 8 + 8 + 8 + 8 + 7
2. Danmark	76 12 + 9 + 9 + 9 + 9 + 8 + 7 + 7 + 6
3. Norge	74 12 + 12 + 12 + 9 + 8 + 8 + 7 + 6
4. Sverige	40 12 + 12 + 9 + 7
5. Island	5 5