

# ER Open 2015

Date: Friday the 30th and Saturday the 31st of January

Address: Kongsholmcenteret, Liljens Kvarter 2, 2620 Albertslund, Denmark

## Timetable

Day	Weigh-in	Classes		
Friday, 30 <sup>th</sup> Jan	16:00	Men	Equipped	105 kg
		Men	RAW	105, 120, 120+ kg
		Men	Equipped	120, 120+ kg
Saturday, 31 <sup>st</sup> Jan	10:00	Women	Equipped	57, 63, 72, 84, 84+ kg
		Women/men	RAW	72, 84, 84+ / 74, 83, 93 kg
		Men	Equipped	66, 74, 83 kg
		Men	Equipped	93 kg

### Friday the 30th:

Groups:

- 1: Men – Equipped – 105 kg
- 2: Men – RAW – 105, 120 & 120+ kg
- 3: Men – Equipped – 120 & 120+ kg

All 3 groups will weigh-in at 16:00. Competition will start at 18:00. The groups will lift consecutively.

### Saturday the 31st:

Groups:

- 4: Women – Equipped – 57, 63, 72, 84 & 84+ kg
- 5: Women / Men – RAW – 72, 84 & 84+ kg / 74, 83 & 93 kg
- 6: Men – Equipped – 66, 74 & 83 kg
- 7: Men – Equipped – 93 kg

All 4 groups will weigh-in at 10:00. Competition will start at 12:00. The groups will lift consecutively.