



Invitation to Sub-Juniors and Juniors Nordic Classic and Equipped Powerlifting Championship 2015

Approved by	The Nordic Powerlifting Federation and Finnish Powerlifting Federation
Meet director/Information	Kaj Mattila, kaj.mattila@are.fi +358 40 549 7462
Organizing clubs	Laukkosken Taimi (Taimi) and Team Nordic Thunder (TNT)
Venue	Koulutie 4, 07170 Pornainen, Finland
Date	Friday 20th and Saturday 21st February 2015
Airport	Helsinki-Vantaa
Transport	From Airport to Hotel 2 km (please take a taxi) From Hotel to Venue and back, organizer is responsible
Nominations	Preliminary: 20 th December 2014 Final: 30 th January 2015 Send to svnl@hotmail.fi
Hotel	Hotel Rantasipi Airport Vantaa, Robert Huberin tie 4, 01510 Vantaa Reservations: vantaa.cumulus@restel.fi tel: +358 9 41575100 fax: +358 9 41575800
Banquet	Saturday, February 21 st 21:00 at the hotel (Price 35 eur)
Technical meeting	Thursday, February 19 th at 20.00 hours at the hotel
Timetable	<u>Friday 20th Feb</u> (Classic Powerlifting) <ul style="list-style-type: none">- Weigh in women (subj&jun) 08:00 – Competition start 10.00- Weigh in men (subj/jun) 12:00 – start 14:00 <u>Saturday 21st Feb</u> (Equipped Powerlifting) <ul style="list-style-type: none">- Weigh in women (subj&jun) 08:00 – Competition start 10.00- Weigh in men (subj/jun) 12:00 – start 14:00 <p>Schedule might be revised after final nomination</p>
Weight classes	Women: 43, 47, 52, 57, 63,72, 84, +84 (max 8 lifters/team) Men: 53, 59, 66, 74, 83, 93, 105, 120, +120 (max 9 lifters/team)
Participation Fee	Powerlifting: 400€ for a national team or 45€ per lifter. The nomination fee for Nordic championships concerns all lifters per nation (all age categories).
Doping Fee	50 € for each lifter
Transfer to	Participation fee shall be paid to this account with the final nomination: IBAN FI98 5078 0820 0757 09 SWIFT (BIC) OKOYFIHH Team Nordic Thunder, FINLAND BANK: Janakkalan Osuuspankki, FINLAND



Nomination form - Nordic Classic Powerlifting Championship

Jun Men Classic Powerlifting Max 9			Jun Women Classic Powerlifting Max 8		
Class + year of birth	Name:	Best results	Class + year of birth	Name:	Best results
Reserve	Max. 5				

Team leader/coach -contact person
Referees:
Banquet (number of attendees):
Preliminary nomination December 20th 2014



Nomination form - Nordic Classic Powerlifting Championship

Sub Jun Men Classic Powerlifting Max 9			Sub Jun Women Classic Powerlifting Max 8		
Class + year of birth	Name:	Best results	Class + year of birth	Name:	Best results
Reserve	Max. 5				

Team leader/coach -contact person
Referees:
Banquet (number of attendees):
Preliminary nomination December 20th 2014



Nomination form - Nordic Equipped Powerlifting Championship

Jun Men Equipped Powerlifting Max 9			Jun Women Equipped Powerlifting Max 8		
Class + year of birth	Name:	Best results	Class + year of birth	Name:	Best results
Reserve	Max. 5		Reserve	Max5	

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