



Invitation to Nordic Championships for Subjuniors and Juniors

Approved by:	The Nordic Powerlifting Federation and the Danish Powerlifting Federation
Meet director/Information:	Kim Lynge: mobil. +4540412729 Mail. Styrkespecialisten@post.tele.dk
Name of the organizing club:	Sportshøjskolen
Venue:	SPH Gym, Hjulmagervej 28 A, 9000 Aalborg
Date:	Saturday, February 22nd, 2014
Airport:	Aalborg Lufthavn, Ny Lufthavnsvej 100, 9400 Nørresundby, Danmark
Transport:	Bus from airport to bus terminal Aalborg. Terminal 2 km from Sportshøjskolen.
Preliminary nomination:	December 22nd 2013. Send to: gry@kraft.is + tina@styrke.dk
Final nomination:	February 1st, 2014. Send to: gry@kraft.is + tina@styrke.dk
Accommodation:	Sportshøjskolen Aalborg, Annebergvej 55, 9000 Aalborg Telephone: 00 45 98 13 13 11 - Henrik@sportshojskolen.dk 15 apartments with rooms for 2, 3, 4 5 persons. Prices are for 2 nights: 2 persons: Dkr. 817.50; 3 persons: Dkr 885,00; 4 persons: Dkr. 960,00, 5 persons: Dkr. 1,035,00. – You have to contact Sportshøjskolen and make reservations for your team,. The hotel will send you an invoice accordingly. - Payment cannot take place on arrival.
Restaurant:	Breakfast per person: Dkr. 33,75 Lunch per person: Dkr. 48.75 Dinner per person: Dkr. 41,25
Banquet:	Saturday evening on February 22nd at Sportshøjskolen. Dkr. 150.00 per person. No. of tickets to be given to the organizer on the nomination form.
Technical meeting:	Friday, February 21st - at 20.00 – Sportshøjskolen, Annebergvej 55, 9000 Aalborg
Weigh in and competition start: (preliminary schedule)	Subjuniors men/women Weigh-in 8:00 – start 10.00 Juniors men/women Weigh-in 13:00 – start 15:00 Schedule may be revised after final nomination
Weight classes:	Women: 43, 47, 52, 57, 63,72, 84, +84 (maximum team number 8) Men: 53, 59, 66, 74, 83, 93, 105, 120, +120 (maximum team number 9) The lifters cannot change weight classes after the final nomination
Participation Fee:	Fee powerlifting 400€ /nation or 45€ /lifter up to 8 lifters
Doping Fee:	Doping fee will be invoiced after the final nomination
Transfer to:	Participation fee shall be paid to this account together with the final nomination: IBAN konto: DK7530000011057705 SWIFT: DABADKKK Address: Dansk Styrkeløft Forbund, Brøndby Stadion 20, 2605 Brøndby

