

Danish Powerlifting Federation

Denne stævneliste skal fremsendes til DSF's sekretariat senest 1. uge efter stævnet

No Lift is marked with minus

Lot	Cl.	Wht.	Name	Country	Cat.	Squat				Benchpress				Sub-Total	Deadlift				Total	Plac.	Wilks
						1.	2.	3.	4.	1.	2.	3.	4.		1.	2.	3.	4.			
6	60,0	58.6	Tutta Kristine Hanssen	NOR	Jun	145.0	152.5	157.5	0.0	105.0	110.0	115.0	0.0	272.5	150.0	160.0	165.0	0.0	437.5	1	496.781
7	60,0	59.3	Emma Björklund	SVE	Jun	130.0	-137.5	-137.5	0.0	45.0	-70.0	-70.0	0.0	175.0	130.0	-140.0	140.0	0.0	315.0	2	354.406
8	60,0	59.4	Mette Nielsen	DAN	Jun	120.0	-127.5	-127.5	0.0	60.0	-65.0	-65.0	0.0	180.0	115.0	-127.5	-127.5	0.0	295.0	3	331.462
9	67,5	67.0	Anni Vuohijoki	FIN	Jun	145.0	-155.0	155.0	0.0	85.0	90.0	-95.0	0.0	245.0	145.0	155.0	165.0	0.0	410.0	1	420.701
10	82,5+	125.5	Camilla Kristensen	DAN	Jun	130.0	-145.0	0.0	0.0	85.0	95.0	-102.5	0.0	225.0	130.0	145.0	155.0	0.0	380.0	1	301.454
3	56,0	55.2	Sandra Säbom	SVE	Ung	72.5	77.5	85.0	0.0	-40.0	40.0	-47.5	0.0	125.0	70.0	80.0	-87.5	0.0	205.0	1	243.950
5	67,5	66.6	Sara Berget	NOR	Ung	-152.5	152.5	-157.5	0.0	87.5	92.5	95.0	0.0	247.5	125.0	137.5	-145.0	0.0	385.0	1	396.781
2	67,5	65.6	Hanna Leandersson	SVE	Ung	110.0	-120.0	-120.0	0.0	-55.0	55.0	57.5	0.0	167.5	-102.5	102.5	112.5	0.0	280.0	2	291.760
4	67,5	65.9	Josefin Andersson	SVE	Ung	-105.0	105.0	-120.0	0.0	42.5	45.0	50.0	0.0	155.0	102.5	112.5	-120.0	0.0	267.5	3	277.505
1	75,0	71.2	Marthe Stavik Aas	NOR	Ung	127.5	135.0	140.0	0.0	70.0	-77.5	77.5	0.0	217.5	125.0	132.5	137.5	0.0	355.0	1	349.107
1	67,5	65.3	Hans Erik Folkeseth	NOR	Jun	200.0	207.5	210.0	0.0	135.0	-140.0	-140.0	0.0	345.0	210.0	-220.0	-220.0	0.0	555.0	1	439.061
2	75,0	75.0	Danny Iversen	DAN	Jun	210.0	230.0	235.0	0.0	135.0	145.0	-150.0	0.0	380.0	210.0	237.5	-245.0	0.0	617.5	1	440.030
3	82,5	82.5	Emil Johansson	SVE	Jun	265.0	280.0	0.0	0.0	170.0	180.0	192.5	0.0	472.5	275.0	-310.0	-310.0	0.0	747.5	1	500.750
4	82,5	82.3	Kjell Egil Bakkellund	NOR	Jun	240.0	250.0	257.5	0.0	185.0	192.5	200.0	0.0	457.5	235.0	245.0	0.0	0.0	702.5	2	470.956
5	82,5	81.3	Alexander Høyvik	NOR	Jun	230.0	-240.0	0.0	0.0	200.0	-207.5	207.5	0.0	437.5	220.0	230.0	0.0	0.0	667.5	3	451.163
7	90,0	89.2	Kristoffer S. Eikeland	NOR	Jun	240.0	250.0	-260.0	0.0	160.0	-167.5	170.0	0.0	420.0	255.0	270.0	0.0	0.0	690.0	1	442.497
9	90,0	89.9	Bill Hald	DAN	Jun	232.5	-245.0	-250.0	0.0	-145.0	145.0	150.0	0.0	382.5	217.5	230.0	240.0	0.0	622.5	2	397.653
8	90,0	87.8	Kristian Fatland	NOR	Jun	235.0	245.0	252.5	0.0	-130.0	130.0	-135.0	0.0	382.5	215.0	227.5	237.5	0.0	620.0	3	400.706
6	90,0	89.7	Jani Korhonen	FIN	Jun	-240.0	240.0	-250.0	0.0	-185.0	-185.0	-185.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4	0.000
13	100,0	99.3	Stian Walgermo	NOR	Jun	295.0	310.0	317.5	0.0	195.0	-205.0	-205.0	0.0	512.5	270.0	280.0	0.0	0.0	792.5	1	483.663
10	100,0	98.1	Martin Bakke	NOR	Jun	295.0	305.0	-310.0	0.0	165.0	170.0	-175.0	0.0	475.0	245.0	252.5	257.5	0.0	732.5	2	449.315
11	100,0	91.9	Pasi Murtovaara	FIN	Jun	-265.0	265.0	-280.0	0.0	155.0	165.0	-170.0	0.0	430.0	275.0	282.5	-302.5	0.0	712.5	3	449.944
12	100,0	98.2	Casper Futtrup	DAN	Jun	250.0	260.0	-270.0	0.0	180.0	-187.5	192.5	0.0	452.5	250.0	-260.0	-262.5	0.0	702.5	4	430.703
14	100,0	96.7	Charlie Thyrestrup	DAN	Jun	-240.0	-250.0	-250.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5	0.000
15	110,0	109.1	Søren Mølgaard	DAN	Jun	330.0	365.0	-392.5	0.0	230.0	240.0	245.0	0.0	610.0	270.0	290.0	-300.0	0.0	900.0	1	531.000
16	110,0	107.1	Morten Hope	NOR	Jun	-287.5	287.5	0.0	0.0	230.0	-240.0	-240.0	0.0	517.5	230.0	240.0	-247.5	0.0	757.5	2	449.576
18	125,0	123.3	Damir Trokic	SVE	Jun	290.0	-315.0	315.0	0.0	215.0	-222.5	0.0	0.0	530.0	290.0	-315.0	-315.0	0.0	820.0	1	468.630

Dato 26. april 2009

Competition _____

Place _____

Sidereferee, reg.no. _____

Referee, reg. no. _____

Sidereferee, reg.no. _____

Sekretary, reg.no. _____

Speaker, reg.no. _____

Meet Director, reg.no. _____

Lot	Cl.	Wht.	Name	Country	Cat.	Squat				Benchpress				Sub-Total	Deadlift				Total	Plac.	Wilks
						1.	2.	3.	4.	1.	2.	3.	4.		1.	2.	3.	4.			
20	125,0	122.2	Kristoffer B. Hansen	NOR	Jun	262.5	272.5	282.5	0.0	-190.0	190.0	200.0	0.0	482.5	290.0	300.0	0.0	0.0	782.5	2	448.060
19	125,0	122.6	Emil Sundberg	FIN	Jun	285.0	-300.0	-300.0	0.0	180.0	190.0	200.0	0.0	485.0	250.0	272.5	-277.5	0.0	757.5	3	433.441
17	125,0	114.7	Peter Eltzholtz	DAN	Jun	-310.0	-310.0	-310.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4	0.000
11	60,0	59.8	Juho Ruuska	FIN	Ung	145.0	160.0	170.0	0.0	95.0	102.5	-107.5	0.0	272.5	160.0	170.0	-177.5	0.0	442.5	1	378.559
3	60,0	59.2	Alexander Reimertz	SVE	Ung	145.0	155.0	-160.0	0.0	85.0	90.0	92.5	0.0	247.5	170.0	182.5	-195.0	0.0	430.0	2	371.305
14	67,5	66.8	Erik Svensson	SVE	Ung	-192.5	192.5	202.5	0.0	100.0	110.0	-115.0	0.0	312.5	195.0	210.0	217.5	0.0	530.0	1	412.075
7	67,5	65.2	David Strågefors	SVE	Ung	-192.5	-192.5	192.5	0.0	112.5	120.0	125.0	0.0	317.5	190.0	205.0	210.0	0.0	527.5	2	418.413
1	67,5	66.8	Toni Väisänen	FIN	Ung	180.0	-195.0	-195.0	0.0	-100.0	100.0	105.0	0.0	285.0	180.0	200.0	215.0	0.0	500.0	3	388.300
5	75,0	74.9	David Tajik	SVE	Ung	-210.0	-210.0	-210.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1	0.000
6	82,5	81.6	Jan Lipponen	FIN	Ung	190.0	205.0	-215.0	0.0	125.0	135.0	140.0	0.0	345.0	180.0	190.0	-200.0	0.0	535.0	1	360.804
12	82,5	78.4	Joni Huhtaviita	FIN	Ung	195.0	-220.0	-220.0	0.0	115.0	-122.5	125.0	0.0	320.0	175.0	190.0	-200.0	0.0	510.0	2	352.716
16	82,5	79.7	Mikko Kortelainen	FIN	Ung	175.0	180.0	182.5	0.0	-112.5	112.5	-115.0	0.0	295.0	-185.0	195.0	-217.5	0.0	490.0	3	335.307
13	82,5	81.4	Haakon Løvf	NOR	Ung	200.0	210.0	-220.0	0.0	-145.0	-145.0	-145.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4	0.000
9	90,0	89.9	Viktor Renberg	SVE	Ung	-250.0	-260.0	260.0	0.0	135.0	-140.0	-140.0	0.0	395.0	257.5	270.0	286.0	0.0	681.0	1	435.023
4	90,0	89.4	Liro Jokipalo	FIN	Ung	220.0	230.0	240.0	0.0	122.5	130.0	-135.0	0.0	370.0	200.0	210.0	-220.0	0.0	580.0	2	371.548
10	90,0	85.9	Juhani Harjula	FIN	Ung	-200.0	200.0	-210.0	0.0	140.0	-150.0	-150.0	0.0	340.0	195.0	-207.5	-207.5	0.0	535.0	3	350.158
15	100,0	95.3	Esko Järvinen	FIN	Ung	180.0	-200.0	200.0	0.0	135.0	140.0	150.0	0.0	350.0	180.0	-205.0	-205.0	0.0	530.0	1	329.183
8	110,0	108.2	Martin Morin	SVE	Ung	-275.0	275.0	-301.0	0.0	125.0	132.5	-137.5	0.0	407.5	250.0	-260.0	-260.0	0.0	657.5	1	388.977
2	125,0	123.9	Niklas Zellin	NOR	Ung	285.0	-295.0	-300.0	0.0	-170.0	170.0	-180.0	0.0	455.0	-260.0	260.0	272.5	0.0	727.5	1	415.330

Dato 26. april 2009

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